

Keeping You **CONNECTED**

SEPTEMBER/OCTOBER 2025

CEO Message, pg. 5
Capital Credit Discount, pg. 6
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The logo for Triangle Communications features a stylized white triangle with a grey gradient, positioned to the left of the company name. The word "TRIANGLE" is in a large, bold, white sans-serif font, and "COMMUNICATIONS" is in a smaller, white sans-serif font directly below it.

TRIANGLE
COMMUNICATIONS

CONTENTS



OUR COVER

Faith Gasvoda

Previous Issue Answer Key

A	U	J	P	B	B	O	W	R	J	O	I	R	J	Q	A	K	W	D	U
R	J	C	O	M	M	U	N	I	T	Y	S	W	X	J	T	P	R	S	P
N	U	V	H	F	G	R	I	A	A	T	Y	Y	D	A	G	E	W	R	Q
Y	C	M	D	N	R	N	H	V	R	T	E	S	R	O	H	R	O	O	S
Y	D	B	N	F	T	A	O	E	E	Y	V	T	J	G	O	T	D	J	X
M	K	R	C	E	Z	T	A	F	T	P	Q	N	M	Y	E	O	I	T	K
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T	L	H	Q	B	L	A	S	H	W	G	I	R	W	Q	K	M	X	Z	C
E	N	T	O	R	N	B	Q	C	T	R	I	A	N	G	L	E	H	O	A
B	B	U	A	T	O	I	Z	R	U	Q	U	Y	Z	A	V	N	N	O	T
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D	I	V	L	O	C	A	T	I	N	G	T	A	M	V	R	X	J	D	E

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JOIN US FOR TRIANGLE'S 71ST
**ANNUAL MEETING
OF MEMBERS**

TUESDAY, OCTOBER 14TH

NEW LOCATION THIS YEAR
Triangle Communications Campus
2121 US Hwy 2, Havre, MT

Lunch Served: 11 AM
Registration: 11 AM
Meeting: 12:00 PM

GRAND PRIZES!
1 - Quarter Beef
2 - Half Pig

CONTACT US

Call 406.394.7807 or 611 or 1.800.332.1201

Pay by Phone 1.855.940.3815

E-mail www.itstriangle.com/contact-us

Write PO Box 1220, Havre, MT 59501

Visit Havre: 2121 Hwy 2 NW

Big Timber: 300 McLeod St

24/7 Internet Tech Support 1.877.730.8215

Call Before You Dig 811 or CallBeforeYouDig.com

Website www.itstriangle.com



Triangle Word Search

Cooperative

Member

Together

Community

Meeting

Vote

Ballot

Board

Director

Annual

Report

Bylaws

Internet

Triangle

Prizes

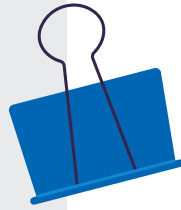
Lunch

Booth

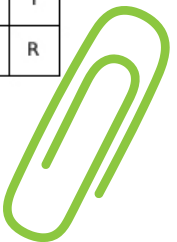
Neighbors

Support

Local



I	J	S	B	Q	H	A	O	S	U	P	P	O	R	T	R	O	Z	J	S
B	T	C	W	R	Q	E	H	N	I	B	D	M	I	N	N	W	M	R	A
S	L	H	E	A	J	J	R	V	E	B	R	E	P	O	R	T	C	M	Y
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L	O	Q	A	N	A	O	Y	V	E	J	U	Q	D	H	V	P	N	G	T
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P	A	O	C	Z	U	V	E	A	E	T	P	S	U	E	U	L	D	E	N
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C	G	F	C	I	N	T	E	R	N	E	T	Y	D	H	R	Z	A	I	R



COOK'S CONNECTION

TRIED-AND-TRUE RECIPES SHARED BY OUR READERS

If you have a favorite recipe of any kind that you would like to share, we would love to have it!
Submit it to: newsletter@itstriangle.net

RECIPE

Spinach and Feta Pasta

INGREDIENTS

- 1 (8 oz.) pkg penne pasta
- 2 Tbsp. olive oil
- ½ cup chopped onion
- 1 clove garlic, minced
- 3 tomatoes, chopped
- 1 cup fresh mushrooms, sliced
- 1 bag spinach
- Salt and pepper to taste
- 1 pinch red pepper flakes
- 8 oz. feta cheese, crumbled

DIRECTIONS

1. Bring a large pot of lightly salted water to a boil.
2. Cook pasta in boiling water until al dente; drain. While the pasta cooks, heat olive oil in a large skillet over medium high heat; add onion and garlic. Cook until golden brown.
3. Mix in tomatoes, mushrooms and spinach. Season with salt, pepper and red pepper flakes.
4. Cook for 2 minutes, or until tomatoes are heated through and spinach is wilted. Reduce heat to medium, stir in pasta and feta cheese. Cook until heated through.

RECIPE

Baked Caesar Chicken

INGREDIENTS

- 4 boneless skinless chicken breast halves
- ½ cup fat-free creamy Caesar salad dressing
- 1 medium avocado, cubed
- ¼ cup shredded parmesan, divided

DIRECTIONS

1. Place chicken in 11 x 7 inch baking dish coated with cooking spray. Combine dressing, avocado and 2 Tbsp. cheese. Spoon over chicken.
2. Bake at 375° for 30-35 minutes until chicken is 170°. Sprinkle with remaining cheese and serve.

RECIPE

Easy Banana Cream Pie

INGREDIENTS - CAKE

- 2 small pkgs. Jello sugar free banana pudding
- 1 Banana, sliced
- 1 prepared graham cracker crust

DIRECTIONS


1. Place sliced banana into the crust.
2. Prepare pudding mixes according to package direction and pour over bananas.
3. Chill.

Spinach and Feta Pasta



CO-OP DAY AT THE POOL

Each summer, we host Co-op Day at the Pool in several of the rural communities we serve. We cover admission for the day, hand out popsicles, and set up a table so our team can visit with families and neighbors. It's a small way for us to say thank you and support the local pools that provide so much summer fun. We're grateful to the pool staff who welcome us and to the communities who stop by to swim, chat, and enjoy the day.

These events are always a highlight of our summer! 





Craig Gates
General Manager/CEO

CEO MESSAGE

We're excited to announce that this year's Annual Meeting will take place at the Triangle Communications Complex in Havre on Tuesday, October 14.

The Annual Meeting is one of our favorite traditions. This year it's on a Tuesday; in order to drive a higher attendance, the Board of Trustees is going to try a meeting in the middle of the week. We will still provide lunch and prizes, and it will be held on our Triangle campus. Please come to our meeting and hear from your fellow members. We will share updates about the work we've been doing and celebrate the progress we've made at the Cooperative. It's also a great way for you to meet our team and ask questions about Triangle.

This year's meeting includes our Board of Trustee's elections for Districts 1, 2, and 6. You can read the candidate bios on our website. Ballots were mailed out in August and must be returned by October 9th to be counted. This year we are using a company called Survey and Ballot to help with our election. When you receive your ballot and notice book, please review it. We also truly appreciate the members who participate by mail who can't make it to the meeting. It's a simple yet powerful way to have your voice heard and play an active role in the Cooperative.

In addition to the Annual Meeting, we're also having our Bits & Bytes events. These events have been extremely popular with our members. We try to find two-member high schools playing each other in football and give back to members who attend these events. They are attended by several employees and trustees, which gives members who are unable to attend the Annual Meeting in person an opportunity to connect with those of us at Triangle. We'd love for you to join us at one of the two high school football games to chat with our staff and board members and enter to win great prizes like a ¼ beef, ½ pig, bill credits and more!

Join us for Bits & Bytes on:

- September 5th in Winifred
- September 12th in Big Timber

Visit www.itstriangle.com for full details.

We look forward to seeing everyone at the Annual Meeting and the Bits & Bytes events! Mark your calendars and we hope to see you there!

CAPITAL CREDIT DISCOUNT REMINDER

Past and current members have recently received a capital credit discount offer. In addition to a general retirement for the year 2004, we're offering a voluntary opportunity to receive an early, discounted payout of allocated capital credits from 2005 to 2024 (learn more on page 6). As always, I encourage every member to reach out to our staff if they have questions regarding their capital credits.

Capital Credit Discount Offer — Here's Your Chance to Participate!

In August, current and former Triangle members received an important letter regarding their allocated capital credits. If you plan to participate in the discounted offer, don't forget - action is required before the **September 30th deadline**.

As a member-owned cooperative, Triangle allocates capital credits to members each year based on how much they use our services. These credits represent your share of ownership in the co-op.

This year, our Board approved two key actions:

- A general retirement of capital credits from the year 2004
- A voluntary discounted offer for capital credits allocated from 2005 to 2024

If you received the mailing in August and choose to participate in the discount offer, you can receive an early payout — at a discounted present value — of your allocated capital credits for those years.

To accept the offer:

- Sign and return the form included in the letter
- Submit it by mail, in person at our Havre or Big Timber office, by fax to **406-394-7815**, or by email to **capitalcredits@itstriangle.net**
- Your form must be received by **September 30, 2025 — no exceptions**

If you choose **not** to participate, no action is required. Your capital credits will remain in your account and be eligible for future retirements as approved by the Board.

What happens with the 2004 general retirement?

If you're eligible, you'll receive a check for your 2004 amount:

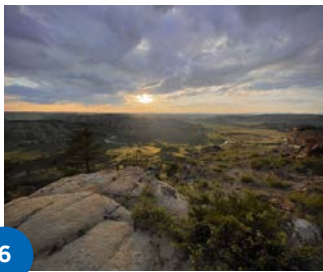
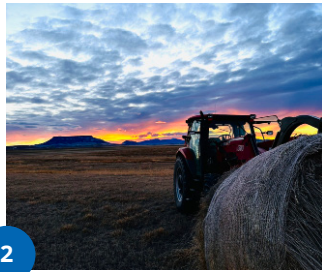
- **If you participate in the discount offer:** your 2004 amount will be included in your discount check.
- **If you don't participate:** you'll still receive a separate check for your 2004 retirement amount.

If you have questions about your capital credits, we're happy to help. Reach out at **1-800-332-1201** or email **capitalcredits@itstriangle.net**.



TRIANGLE PHOTO CONTEST TOP 20

Cast your vote! Visit itstriangle.com/photocontest to cast your vote and help select the finalists for the top 10! The top 10 will be displayed at our annual meeting for in-person voting to determine the winners.



WASHINGTON DC YOUTH TOUR

The Foundation for Rural Service and Triangle Communications proudly sponsor an unforgettable trip to Washington, D.C. for up to two high school juniors each summer. Any high school junior, ages 16-17, who is a dependent of a subscriber receiving landline telephone or broadband services from Triangle Communications, is eligible to apply. Applications are due 12/1.

Visit itstriangle.com/youthtour to learn more.



Kylie Ricci

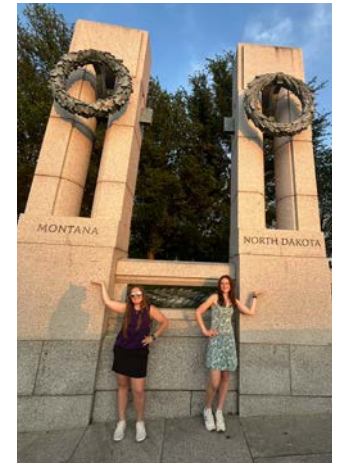
I was incredibly honored to be selected by Triangle Communications for a scholarship trip to Washington, D.C., an unforgettable experience that combined learning, networking, and exploration. Throughout the trip, I had the chance to meet students from across the country, each with their own unique stories and perspectives. One of the most meaningful parts of the journey was learning about broadband communication - not just through views and experience, but in direct conversations with our state representatives and FCC Commissioner Brendan Carr, who shared insights into the future of rural connectivity and the role of broadband in strengthening our communities.



Beyond the educational aspect, the trip allowed me to explore some of the most iconic landmarks in our nation's capital. I visited the U.S. Capitol and got to see the House of Representatives in action, a powerful reminder of how our democracy functions. Walking through the historic monuments and memorials was both humbling and inspiring, and our visit to George Washington's Mount Vernon estate gave me a deeper appreciation for our country's roots. I'm incredibly thankful to Triangle Communications for making this life-changing opportunity possible.

Lexi Bahnmiller

Seeing Washington D.C. for the first time as a student from rural Montana was an amazing experience and something that was vastly different from my life growing up. We saw many things during our visit, including Mount Vernon, the Smithsonian, Arlington Cemetery, the Capitol, the changing of the guard, we met with Troy Downing's staff, and also went to the FCC. Some of my favorite activities included the walking tour at night to see the monuments and going on a dinner cruise on the Potomac River, where we saw Washington D.C. from a different view. I enjoyed meeting many other kids from across the country who were similar to me and who I continue to stay in contact with. I feel very fortunate to have had such a great opportunity to see our nation's capital and many thanks to Triangle for making this unforgettable experience possible!



SWAP AND SHOP

Welcome to our Swap and Shop! Feel free to post and find classifieds from other members!

Visit www.itstriangle.com/swap-and-shop to view all listings or to submit/remove your own. **Denotes photo available on website*

6 Lots with two buildings in Harlowton
Corner Lots on Central Ave, Harlowton, for sale by owner. (24,150 sq ft) with two buildings. Building #1 is a store front, shop and warehouse equaling 4,348 sq ft. and building #2 is 1,246 sq ft. Lots of space in a great location. \$350,000 for all. Call (406) 350-1408.

***Diamond Laser 3000 Glass Bandsaw**
Asking \$220. Call (406)547-2437.

Couch and Love Seat
Very good condition, tan color with matching decorative pillows. Call (406) 378-2152.

1999 Pontiac Grand Prix
Runs, good tires, recent repairs made. Call (406) 378-2152.

Round bale wool sacker gas motor
\$375 or best offer. Call (406) 326-2287.

ISO Model T Car Body for Model T Frame
Call (406) 945-2027

Craftsman 28" Snowblower
Electric start, 2 stage snowblower with tire chains. Only used twice. Asking \$500 OBO (406) 395-4581.

1976 GMC 4wheel drive
4 speed manual 350 V8, very nice condition, new GM engine and all new interior, no rust P.S P.B. nice paint. runs great, long box. Call (406) 374-2458.

Sundance 7 Person Spa
300 gallon. In good working order - winterized and drained. Call (406) 632-5628.

WANTED: Clamp bumper hitch.
(VO type) with or without ball. For Shriner parade vehicle. Call (406) 390-3522.

Powder River Cattle Squeeze Chute
Call (808) 391-0766.

German Shepherd Puppies For Sale
Two Female Black and Brown German Shepherd Puppies. Asking \$250. Call (406) 326-2287.

Cajun electric smoker
Cajun electric smoker with timer, thermostat, burns pellets. Asking \$75, call (406) 547-2184.

Mini Washing Machine For Sale
Mini washing machine, capacity 1KA, B-Quick Bubbleator, portable, great for RV's or apartments. \$35. Call (406) 547-2184.

Professional AG Lane Chicken Cages
Asking \$800 call (406) 945-2027.

Flexi-Coil Sprayer
65XL Sprayer 130 ft booms, 1,000 gallon tanks, wind screens. \$750 or best offer, call (406) 262-3969.

Sooner Aluminum 20 ft. Stock Trailer Gooseneck
Asking \$9,500. Call (406) 326-2284.

German Shepherd Puppy
Black/Tan in color, Call (406) 326-2287.

Barrett Cattle Trailer
50 ft. Barrett Cattle Trailer. Asking \$10,000. Call (406) 301-4035.

***2021 Massimo 550 L Quad 4x4 EFI**
Power steering, hand guards, 50-inch snowplow, winch, safety start, has reverse safety bell, parking brake, headlights and driving lights. Brake lights rear driving lights, two up seat, 145 miles with 16.7 hours, front and rear storage. Two-wheel and 4-wheel selector button, rear receiver hitch, liquid cooled, rear independent suspension, fixed issues with dash, new spark plug, fresh gas, checked all fluids and filters including coolant, battery checked out good. Asking \$5,995. Call (406) 265-1735.

Love Seat and Couch
Love seat and couch flower print, solid wood, make an offer and you haul. Call (406) 932-4591.

12' Foot Dump Trailer with Split Seasoned Ash
12' dump trailer of split seasoned ash, \$350. Delivered, not stacked. Call (406) 561-6315.

Cattle Stock Trailer
48 ft. (older but in good shape) asking \$10,000 – Call (406) 301-4035.

Toro Snowblower
Very nice 21-inch, electric start Toro Snowblower, like new, asking \$375, call (406) 378-3226.

***2015 F250 Platinum Crew Cab Diesel**
2015 F250 Platinum Crew Cab Diesel, black, 111,000 miles. Asking \$36,900, call (406) 945-2180.

***Livestock Guardian Pups**
Anatolian Shepherd/Karakachan. Guard goats, sheep, chickens, cows and kittens. Call or text (406) 931-0225.

Makita Cordless Weed Trimmer
Brand new Makita cordless weed trimmer, includes 2 batteries, charger, goggles, cinch sack. Asking \$395. Call (406) 374-2406.

Wanted 1955 to 1959 Chevy or GMC Pickup or Parts
Call (406) 326-2287.

Original Can Filter
1 original can filter, 12" diameter, 13" tall. Asking \$100, call (406) 547-2184.

Hydrofarm Grow Light Fixtures
\$20 each or 4 for \$60. Call (406) 547-2184.

*Swap & Shop is a classified advertising section of the Triangle Communications and Hill County Electric websites and newsletters. It is maintained as a service to members wanting to buy, sell and announce non-commercial items. To have an ad included, simply enter all the pertinent information on the online form. An administrator will review the information and if approved, the ad will be published. It will stay online for 1 year unless you notify us to remove or change it. Ads will also appear in our newsletters (space permitting). Due to print deadlines and space available, some ads may appear in the next month's issue. We reserve the right to abbreviate ads. **Happy swapping and shopping!***



HAPPY WORK ANNIVERSARY

DENISE!

THANK YOU FOR YOUR
30 YEARS
OF SERVICE!



TRIANGLE FLEET VEHICLE FOR SALE

2011 Chevrolet Traverse

148,000 miles

\$5,000

Call 406-394-2879 to schedule a test drive!



MYSTERY PHOTO AND TELCO QUIZ

Two Lucky Subscribers Per Issue Will Win \$25!

#1. What are the grand prizes at this year's annual meeting?

#2. What is the mystery photo from in this issue?:

My name is: _____

My Triangle phone number is _____

Yes! I want to receive e-mail notifications about special events or deals in my area. My e-mail address is: _____

Entries must be received by June 20th, 2025 to be eligible for the drawing. Please return this slip with your payment or mail to: Newsletter, Triangle Communications, PO Box 1220, Havre, MT 59501 or submit answers at www.itstriangle.com/telco-quiz.



Mystery Photo



Congrats to our May/June Mystery Photo Winners!
Voyd St. Pierre and Terry Ramsdell



PO BOX 1140
2121 US HWY 2 NW
HAVRE, MT 59501-1140

1.800.332.1201 | Itstriangle.com



Serving friends and
neighbors for 70 years

JOIN US FOR TRIANGLE'S 71ST ANNUAL MEETING OF MEMBERS

Tuesday, October 14th, 2025

NEW LOCATION THIS YEAR!

Join us on the Triangle Communications Complex in Building 8
Head to 2121 US Hwy 2 in Havre and follow the signs!

Lunch Served: 11:00 AM - Registration: 11:00 AM - Meeting: 12:00 PM